



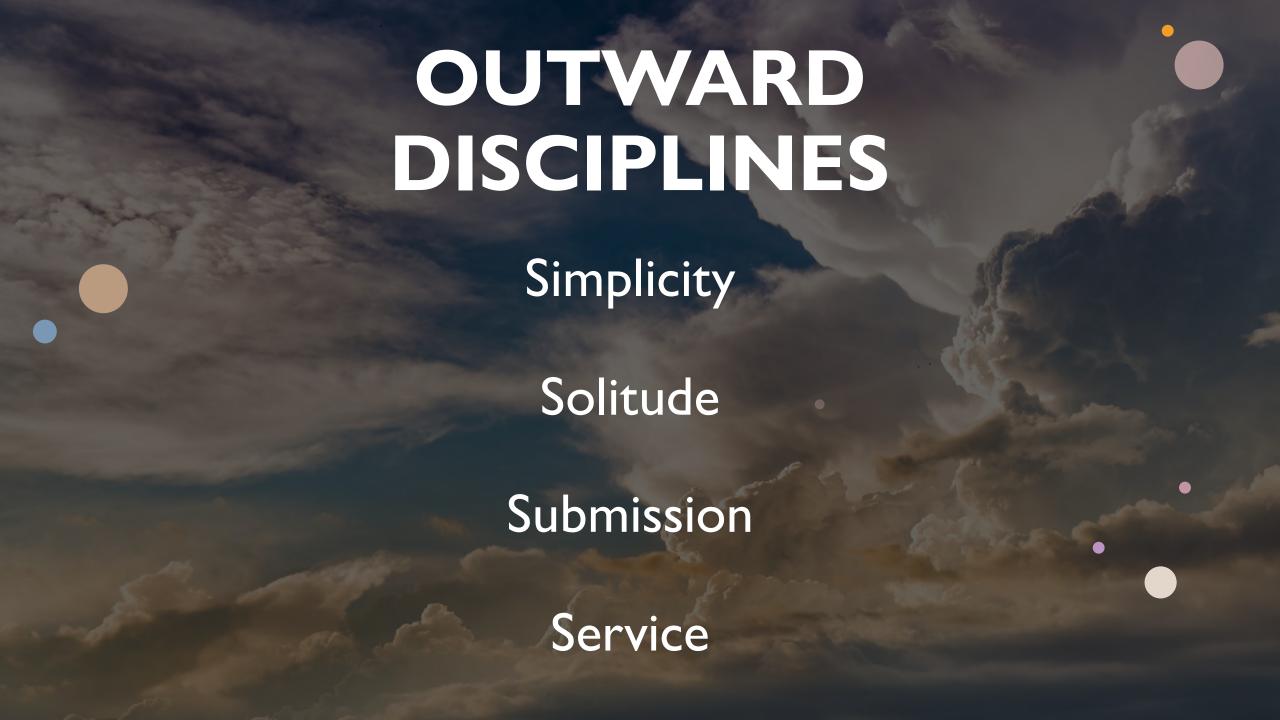
Christian spiritual formation is the process of being conformed to the image of Jesus Christ for the glory of God and for the sake of others (II Corinthians 3:17-18).



SPIRITUAL DISCIPLINES

Spiritual disciplines are habits, practices, and experiences that are designed to develop, grow, and strengthen certain qualities of spirit — to build the "muscles" of one's character and expand the breadth of one's inner life.





CORPORATE DISCIPLINES

Confession

Worship

Guidance

Celebration